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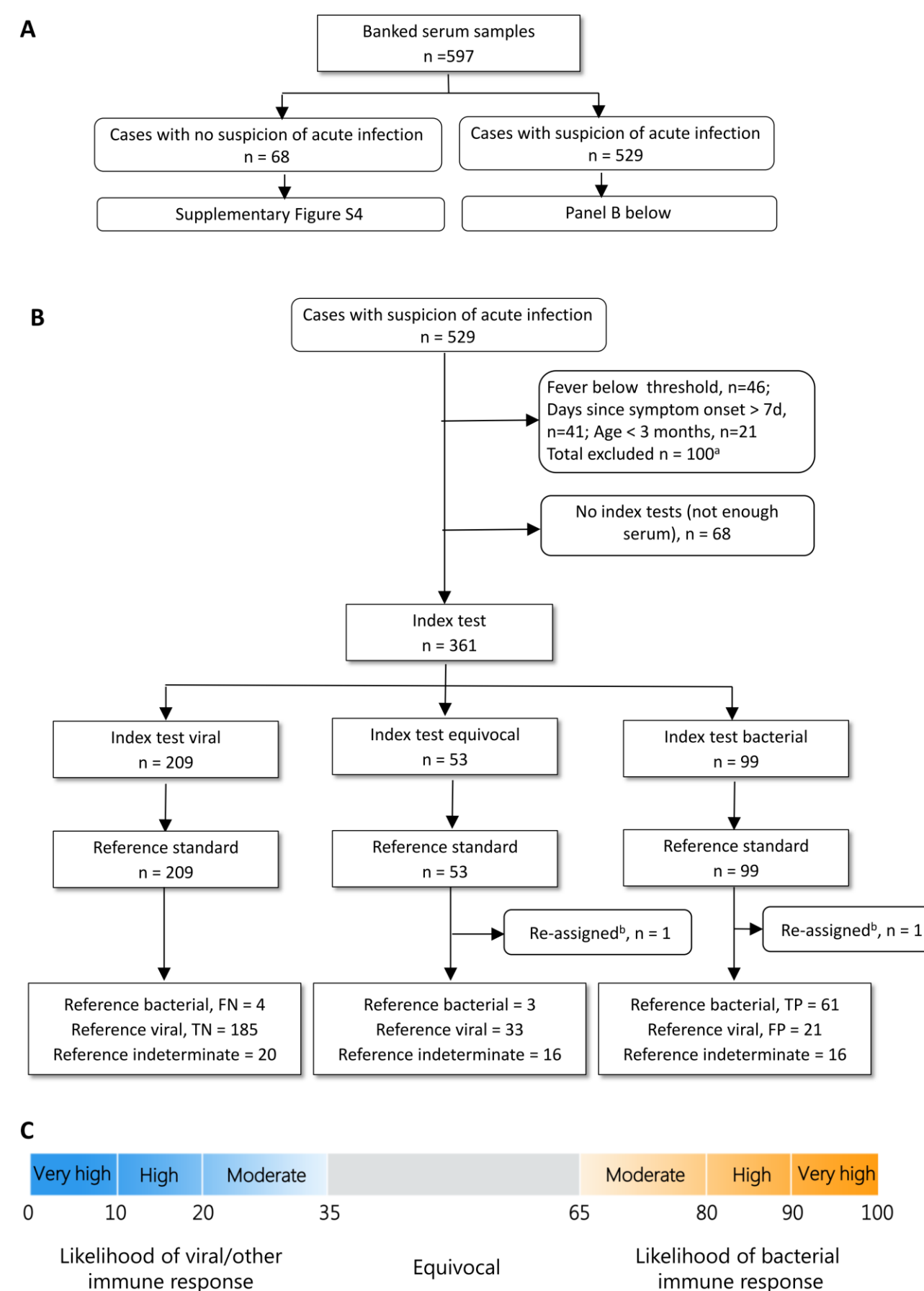
Background and design

Background: Reliably distinguishing between bacterial and viral infections in febrile children is often challenging, leading to antibiotic misuse. A novel assay that integrates measurements of three blood-borne host-response proteins (TRAIL: TNF-related apoptosis-inducing ligand; IP-10: Interferon gamma induced protein-10; CRP: C-reactive protein) was recently developed to assist in differentiation between bacterial and viral disease (Oved et al. 2015). We performed double-blind, multi-center assay evaluation.

Materials and methods: Infectious and non-infectious children presenting to 5 pediatric emergency departments and inpatients aged ≥ 3 months to ≤ 18 years were retrospectively enrolled. Inclusion criteria for the infectious cohort were: suspicion of acute infection, fever $\geq 38^\circ\text{C}$, and symptom duration ≤ 7 days.

Reference standard diagnosis was based on predetermined criteria plus adjudication by an expert panel blinded to assay results. Assay performers were blinded to reference standard.

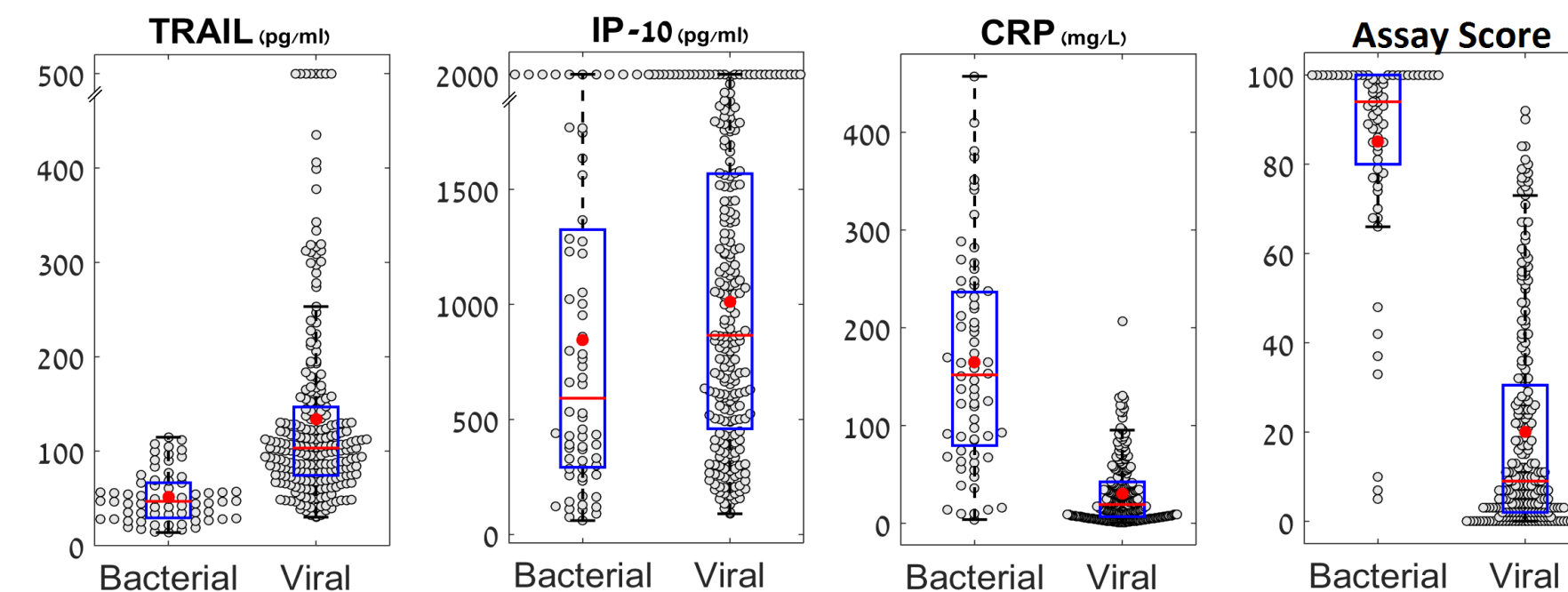
Assay and routine parameter cutoffs were pre-defined before un-blinding.



(A) Banked serum samples from potentially eligible participants were classified as without or with suspicion of acute infection. (B) Flow through of participants with suspicion of acute infection. (C) Host-signature assay outcomes.

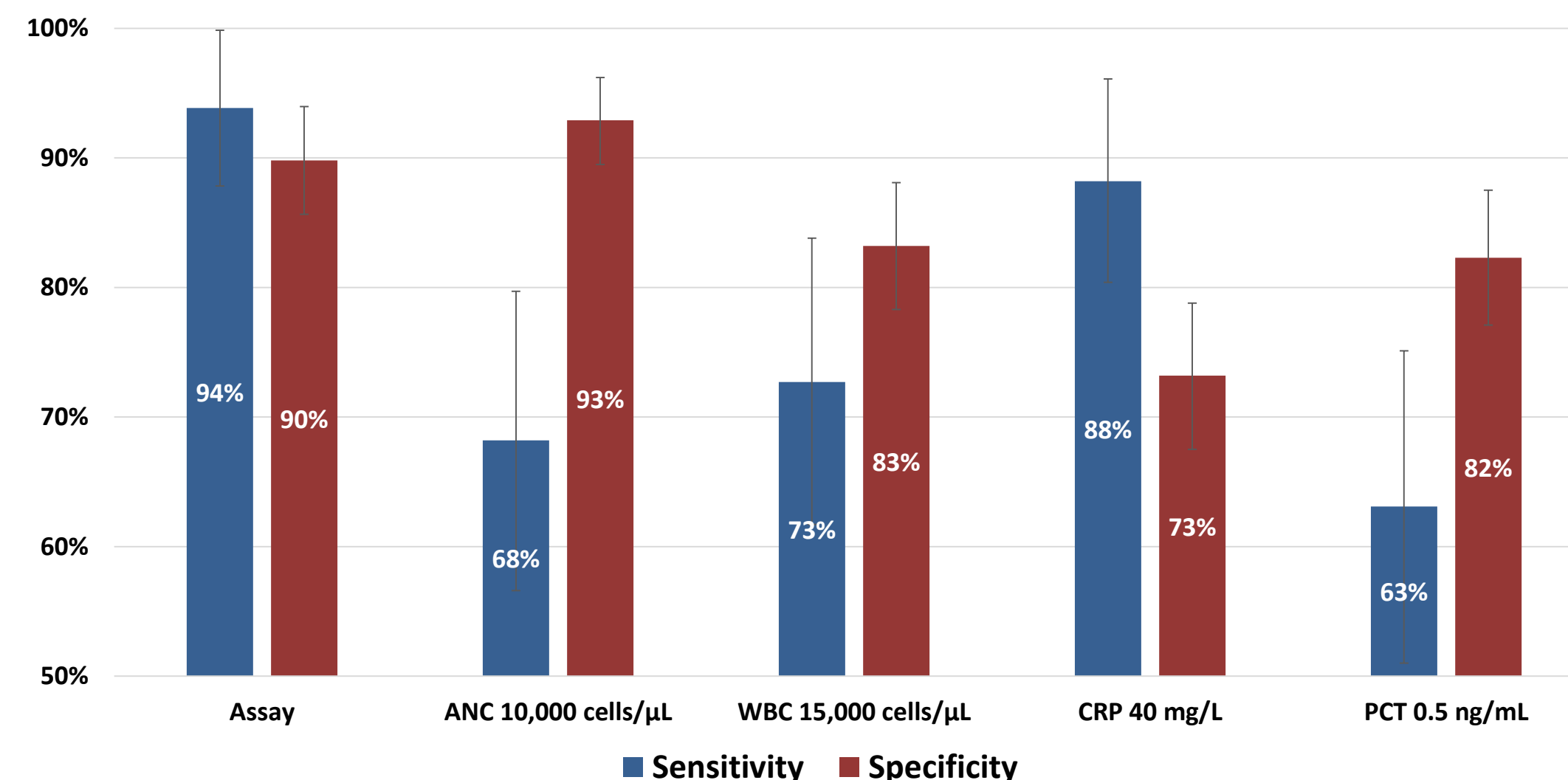
Results and conclusion

Differential expression of the host proteins TRAIL, IP-10, CRP and the host-signature assay score in children with bacterial and viral infections



Red line and circle correspond to group median and average respectively (n=307).

Host-signature assay outperforms routine laboratory parameters and other biomarkers



Conclusions: Assay performance was validated in febrile children in a double-blinded study. Assay was more accurate than CRP, PCT and routine laboratory parameters. These promising results merit evaluation in a clinical utility study, to measure the impact of the host-signature assay on actual clinical practice.